

# Workshop E

## How to apply the evidence in Practice?

### Troubled families



Hannah Meyer, Deputy Director, Troubled Families Team, DCLG (Chair)

Candi Lawson, Assistant Service Manager, Children & Families,  
Sheffield City Council

Suzy Robertson, Service Manager, Families in Need, Early Help,  
Blackpool Council



# Opening remarks from the chair

Hannah Meyer,  
Deputy Director,  
Troubled Families, DCLG

#EIFEarlyYears  
@theEIFoundation  
[eif.org.uk](http://eif.org.uk)



EARLY  
INTERVENTION  
FOUNDATION



# Evidence Based Parenting within Troubled Families

Candi Lawson - Assistant Service manager  
Charlotte Murrie – Project Officer

*Sheffield Prevention and Intervention Service*  
[candi.lawson@sheffield.gov.uk](mailto:candi.lawson@sheffield.gov.uk)



# Sheffield Troubled Families delivery model

- No new service, the current phase of Troubled Families in Sheffield continues to embed the whole household '*Way of Working*' to drive organisational transformation.
- Work in partnership to create a Troubled Families Outcome Plan to determine the cohort and define '*Significant and Sustained Success*'
- Delivery of Parenting is part of the approach from key worker delivery through to specialist parenting programmes.
- Access to training through CYP-IAPT and strong links with CAMHS have been key to the development of high quality parenting programmes.

Sheffield City Council

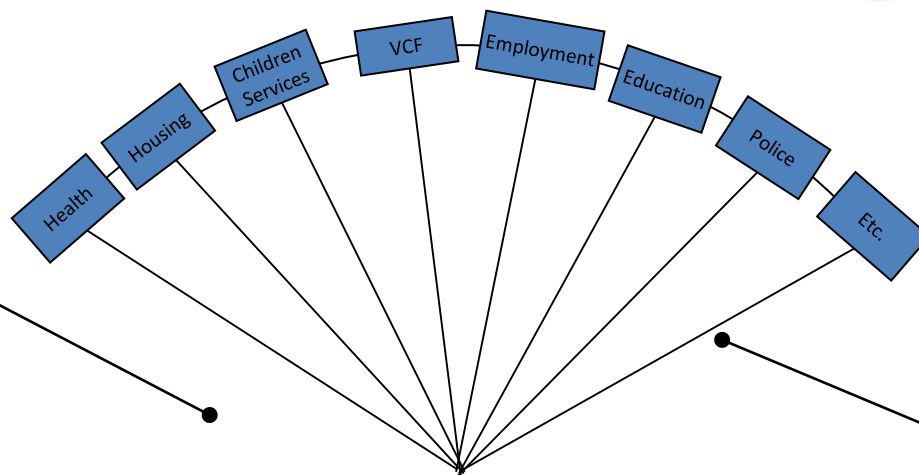




# Ways of Working Principles

## Intervening earlier

- Getting it right first time, allocation to the most appropriate service
- Thorough assessment of need – whole family
- Support tailored to address root causes



## Integrated working – a Team around the family

- Services working smartly together as a TAF; to 'one' whole family plan

## Whole Family Keyworkers/Lead Professional/ Lead Agency - Role

- Consider the impact of family member on each other
- Ensure family engagement with services
- Produce and review the single 'whole family'; support plan
- Co-ordinate the services supporting the family
- Identify and deliver outcome focused interventions that address the family need and produce positive outcomes



## Working with the whole family/ household

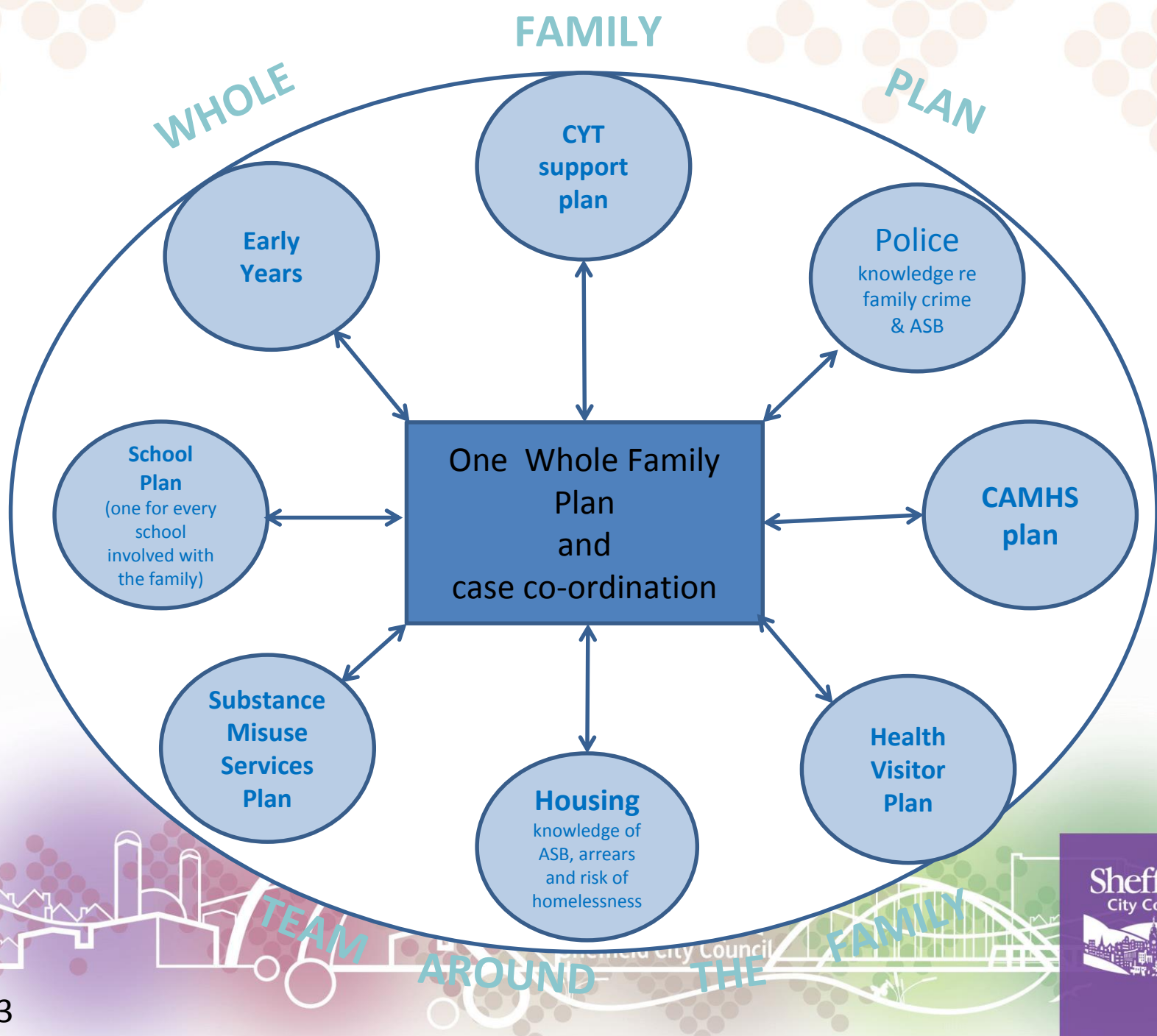
- Family voice and influence are visible and driving their support plan
- An approach that is conducive to the culture and needs of the family



**Stronger  
Community setting**

Sheffield City Council





# Troubled families and evidence based parenting

- Parenting is a key cross cutting theme in all areas of the troubled families outcome plan.
- To achieve significant and sustainable success with families, services must work whole family and across service areas.
- Role of the Key Worker Vs Specialist Workers.
  - The Sheffield model created Parenting Specialist workers to advise and support key workers, and deliver the group programmes.
  - Workforce development delivered in house to provide a framework for delivering parenting support in the home and providing shared principles and a common language across the service.
- Evidence based programmes Vs meeting emerging needs
  - A 'menu' of evidence based programmes, together with an investment in specialist roles enables the service to respond more flexibly to emerging needs.

Sheffield City Council



# Sheffield delivery

- In 2015 – 2016 a total of 8781 requests for a service were received
- Of these, 67% identified 'family and home' as the primary presenting issue.
- 48% of all request for service received came from the Health sector, and GPs account for 23% of the total.
- 25% of referrals came from education
- Local data and intelligence should constantly drive the design and focus of local delivery.
- Emerging communities (such as the Roma Community) and priority areas (such as Domestic Abuse) required a flexible and considered approach.
- One size never fits all!

Sheffield City Council





# Evidence Based Programmes in Sheffield

## Strong evidence base

### Triple P

- Triple P Seminars
- Triple P Discussion Groups
- Teen
- 0 – 12
- Stepping Stones
- Pathways
- Enhanced

### Incredible Years

- Baby IY
- 2 – 8 Incredible Years

## Less evidence base

- You and Me Mum
- Teen Violence Against Parents – adapted from the Step Up model
- School attendance focus – builds on Teen Triple P
- Parents group for Roma families

Sheffield City Council



**level 5 - Specialist  
Programmes**

***Specialist***

High intensity programmes for  
complex needs.

***Targeted***

**level 4 - Group Programmes**

**Level 3 – Triple P Discussion Groups**

***Universal Plus***

Triple P Stand-alone small group on  
commonly encountered problems.

**Level 2 –Triple P Seminars**

***Universal***

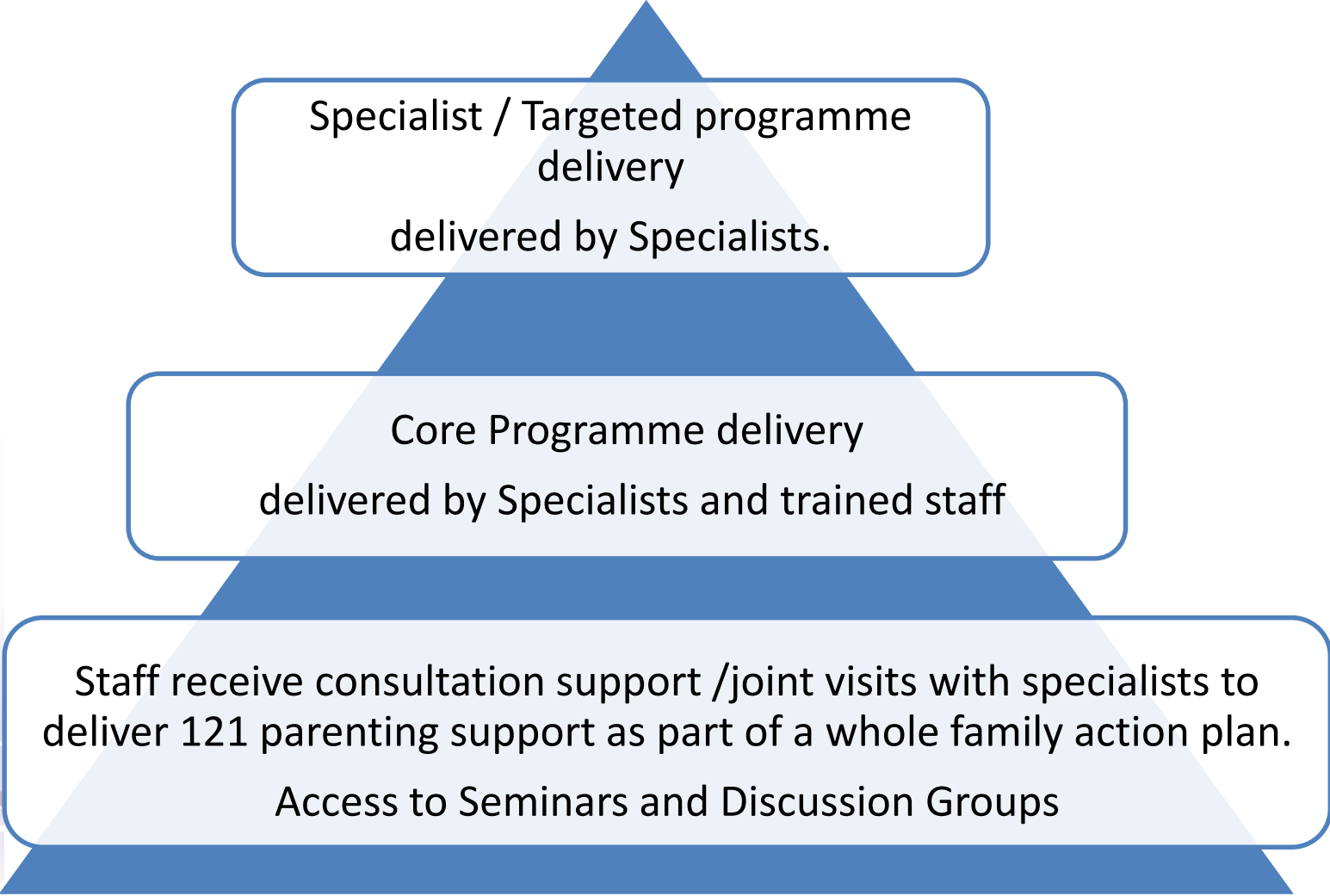
Triple P Stand-alone 'light touch'  
parenting information sessions to

***Universal***

**Level 1 - Media and publicity**

Public information and awareness raising.

# Balancing to key worker role with specialist support



Specialist / Targeted programme  
delivery  
delivered by Specialists.

Core Programme delivery  
delivered by Specialists and trained staff

Staff receive consultation support /joint visits with specialists to  
deliver 121 parenting support as part of a whole family action plan.  
Access to Seminars and Discussion Groups

**Suzy Robertson,  
Service Manager, Early Help  
Families in Need,  
Blackpool Council**



**EARLY  
INTERVENTION  
FOUNDATION**

**#EIFEarlyYears  
@theEIFoundation  
eif.org.uk**





EARLY  
INTERVENTION  
FOUNDATION

# Group discussion

- How much influence does and should research evidence have on practice in this transformation area?
- What are the implications of the new evidence for service commissioning and delivery?
- What can evidence be designed to better inform local practice?



# Questions and comments from the floor with

Hannah Meyer, Deputy Director, Troubled Families Team, DCLG (Chair)

Candi Lawson, Assistant Service Manager, Children & Families,  
Sheffield City Council

Suzy Robertson, Service Manager, Families in Need, Early Help,  
Blackpool Council

