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reasons why

SOCIAL & EMOTIONAL LEARNING

is critical to our Covid-19 recovery

1

The impact of school closures and social distancing on children's academic and social and emotional development may be profound and long lasting.

2

Children have been spending much longer than usual at home, away from their friends and from the school environment. Some will have experienced high levels of family stress.

3

It is widely recognised that a focus on emotional wellbeing and relationships will be critical to children's ability to re-engage and learn when they go back to school.

4

Social & emotional learning (or SEL) offers a powerful, evidence-based way for primary schools to support children and teachers during this transition and beyond.

5

By prioritising SEL and the emotional needs of children and families, school leadership teams can create nurturing environments and cultivate the empathy, resilience and connection that will help children to recover and thrive.

WHAT IS SOCIAL & EMOTIONAL LEARNING?

66 Social & emotional learning (SEL) is the process through which children learn to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Weissberg et al, 2015



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Based on guidance produced by the Early Intervention Foundation (EIF) and Education Endowment Foundation (EEF).

Find out more at [EIF.org.uk/SEL-guidance](https://www.elf.org.uk/SEL-guidance)

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