

Foundations for Life: Programme reports

This resource sets out the strength of evidence ratings for all programmes and cost ratings for programmes rated as NE, 2, 3 or 4 (when cost information was available). Links to the individual programme reports are also provided.

All 75 programmes aim to support children's development through parent–child interaction in at least one of three domains: attachment security, behavioural self-regulation and early language and cognitive development. For the purposes of this review, programmes were classified into one of these three domains on the basis of their best fit for their best evidence. It should be recognised, however, that many of these programmes have good evidence across two or more of these domains.

Guidance as to what these ratings mean can be found here. It is important that these ratings are understood and used carefully to guide commissioning. They are not by themselves sufficient basis for commissioning but should be understood in conjunction with the full report, the disclaimer set out on each report. and the guidance as to what our ratings mean.

Specific disclaimer

The assessments reported here are based on information gathered through the specified review. The child outcomes reviewed were limited to impacts on attachment and/or parent sensitivity; behaviour and social and emotional skills; and cognitive development, in particular early literacy and use of language. The rating included represents an assessment in relation to these outcomes only. The rating is an independent statement of opinion as of the date it is expressed. It is not a recommendation or a statement of fact.

General disclaimer

These ratings are designed to provide information for those developing early intervention programmes and systems. The evidence can be used to inform and assist professional judgement, but it is not a substitute for it. This Table does not purport to contain all the information that may be required by third parties in order to exercise their judgement.

Evidence about what has worked in the past offers no guarantee that an approach will work in all circumstances. Every effort has been made to ensure the accuracy of the information, but no legal responsibility is accepted for (i) any errors or omissions (negligent or otherwise); and (ii) any consequences resulting from the use of or reliance on this Report.

The rating is in part based on research and publications of third parties: the Early Intervention Foundation is not responsible for, and does not guarantee the accuracy, completeness, timeliness or availability of, those third party materials or any related material. The Early Intervention Foundation does not perform an audit and undertakes no duty of due diligence or independent verification of any information (including, but expressly not limited to, information about costs of the programmes) it receives from third parties including the programme providers.

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Active Parenting	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Assertive Outreach Model, including Baby Express	Attachment	NL2	Cost information is not available for NL2 programmes.	
Baby Express	Attachment	NL2	Cost information is not available for NL2 programmes.	
Baby Steps	Attachment	NL2	Cost information is not available for NL2 programmes.	
Bookstart Baby	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Bookstart Corner	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Born to Move	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Child First Programme	Attachment	3	5	marypeniston@childfirst.com
Child-Parent Psychotherapy	Attachment	3+	Missing	chandra.ghosh@ucsf.edu

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Circle of Security (Group)	Attachment	2	2	claregates@me.com, jenny@stmaryslondon.org.uk
Circle of Security (home visiting)	Attachment	NL2	Cost information is not available for NL2 programmes.	
Dare to be You	Behaviour	2+	Missing	david.macphee@colostate.edu
Empowering Parents, Empowering Communities (EPEC)	Behaviour	3	1	crispin.1.day@kcl.ac.uk, cpcs@slam.nhs.uk, louisa.campbell@slam.nhs.uk
Enhancing Adoptive Parenting	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Enhancing Parenting Skills programme (EPAS)	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Families and Schools Together (FAST) Baby	Attachment	NL2	Cost information is not available for NL2 programmes.	
Families and Schools Together (FAST) Preschool	Behaviour	2	Missing	b.thomas@mdx.ac.uk
Family Action's Perinatal Support Project (evolved from Newpin)	Attachment	NL2	Cost information is not available for NL2 programmes.	
Family Check-Up (FCU) for Children	Behaviour	3+	2	thefamilycheckup@asu.edu
Family Foundations	Attachment	4	1	mfeinberg@psu.edu

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Family Links 10-Week Nurturing Programme (FLNP)	Behaviour	NE	1	gail.allan@familylinks.org.uk
Family Nurse Partnership	Attachment	4+	5	astevenson@fnp.nhs.uk
Getting Ready	Cognitive dev	2+	Missing	lknoche2@unl.edu
Helping the Noncompliant Child (HNC)	Behaviour	3	3	rjcmcmaho@sfu.ca
Hitkashrut	Behaviour	3	2	yoel.elizur@mail.huji.ac.il
Home Instruction for Parents of Preschool Youngsters (HIPPY)	Cognitive dev	2+	3	mwestheimer@hotmail.com
Incredible Years (IY) Preschool	Behaviour	4+	2	cwebsterstratton@comcast.net
Incredible Years (IY) Toddler	Behaviour	2+	2	cwebsterstratton@comcast.net
Infant-Parent Psychotherapy (IPP)	Attachment	3+	Missing	chandra.ghosh@ucsf.edu
It Takes Two to Talk	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Kaleidoscope Play & Learn	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Learning Together Programme – Early PEEP: 2s Level	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Learning Together Programme – Early PEEP: Baby PEEP	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Learning Together Programme – Foundation PEEP 3s Level	Cognitive dev	2+	1	sally.smith@peeple.org.uk
Learning Together Programme – Early PEEP: 1s Level	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Learning Together Programme – Foundation Peep 4s Level	Cognitive dev	2+	1	sally.smith@peeple.org.uk
Let's Learn Language	Cognitive dev	NE	1	melissa.wake@rch.org.au
Let's Play in Tandem	Cognitive dev	3	3	r.ford@griffith.edu.au
Level 3 Discussion Group Triple P	Behaviour	3+	1	matt.buttery@triplep.net
Level 4 Group Triple P	Behaviour	3+	1	matt.buttery@triplep.net
Level 4 Standard Triple P	Behaviour	3	2	matt.buttery@triplep.net
Listening to children (LTC)	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Maternal Early Childhood Sustained Home-visiting (MECSH)	Attachment	NE	4	lynn.kemp@westernsydney.edu.au
Mellow Babies	Attachment	NL2	Cost information is not available for NL2 programmes.	
Mellow Bumps	Attachment	NL2	Cost information is not available for NL2 programmes.	
Mellow Toddlers	Attachment	2	2	christine@mellowparenting.org

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Modified Interaction Guidance	Attachment	NL2	Cost information is not available for NL2 programmes.	
My Baby's Brain	Attachment	NL2	Cost information is not available for NL2 programmes.	
Nobody Slips Through the Net	Attachment	2+	2	anna_sidor@yahoo.com
Parent Infant Project (PIP)	Attachment	NL2	Cost information is not available for NL2 programmes.	
ParentCorps	Behaviour	3+	2	laurie.brotman@nyumc.org
Parenting Wisely	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Parents 1st Community Parent Volunteer Peer Support Programme	Attachment	NL2	Cost information is not available for NL2 programmes.	
Parents as First Teachers (PAFT)	Cognitive dev	2+	4	andysaunders@parentsasfirstteachers.org.uk
Parents as Partners (formerly known as Supporting Father Involvement)	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Parents Plus Early Years	Behaviour	2+	1	john.sharry@gmail.com
Play and Learning Strategies (PALS)	Attachment	2+	2	ursula.y.johnson@uth.tmc.edu

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Raising Early Achievement in Literacy (REAL)	Cognitive dev	3	3	c.e.nutbrown@sheffield.ac.uk
Reach Out and Read (ROR)	Cognitive dev	2+	2	barbara.ducharme@reachoutandread.org
Sing & Grow Programme	Attachment	NL2	Cost information is not available for NL2 programmes.	
Strengthening Families Program	Behaviour	NL2	Cost information is not available for NL2 programmes.	
TalkAbility	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
Target Word	Cognitive dev	NL2	Cost information is not available for NL2 programmes.	
The Lidcombe Programme	Cognitive dev	2+	2	mark.onslow@sydney.edu.au
The New Forest Parenting Programme	Behaviour	3+	3	cathy.laver-bradbury@solent.nhs.uk
The Newborn Behavioral Observations (NBO) System	Attachment	NL2	Cost information is not available for NL2 programmes.	
The Social Baby UK	Attachment	NE	Missing	lynne.murray@reading.ac.uk, hwhiteside@xmission.com
The Solihull Approach (Understanding Your Child's Behaviour)	Behaviour	2	1	hazel.douglas@heartofengland.nhs.uk

Name	Outcome domain	Evidence rating	Cost rating	Contact information
Toddler-Parent Psychotherapy	Attachment	2+	Missing	chandra.ghosh@ucsf.edu
Toddlers without Tears	Behaviour	NE	Missing	NA (programme no longer exists)
Triple P Primary Care	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Triple P Selected Seminar Series	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Video-feedback Intervention to Promote Positive Parenting – Sensitive Discipline (VIPP-SD)	Behaviour	NL2	Cost information is not available for NL2 programmes.	
Video-feedback Intervention to Promote Positive Parenting (VIPP)	Attachment	NL2	Cost information is not available for NL2 programmes.	
Watch, Wait and Wonder	Attachment	2+	Missing	mlojkasek@watchwaitandwonder.com