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- 1. Why does early intervention matter for the challenges we face today?**
- 2. What progress has been made in generating evidence and turning that evidence into action?**
- 3. What is coming next for early intervention, and for EIF?**



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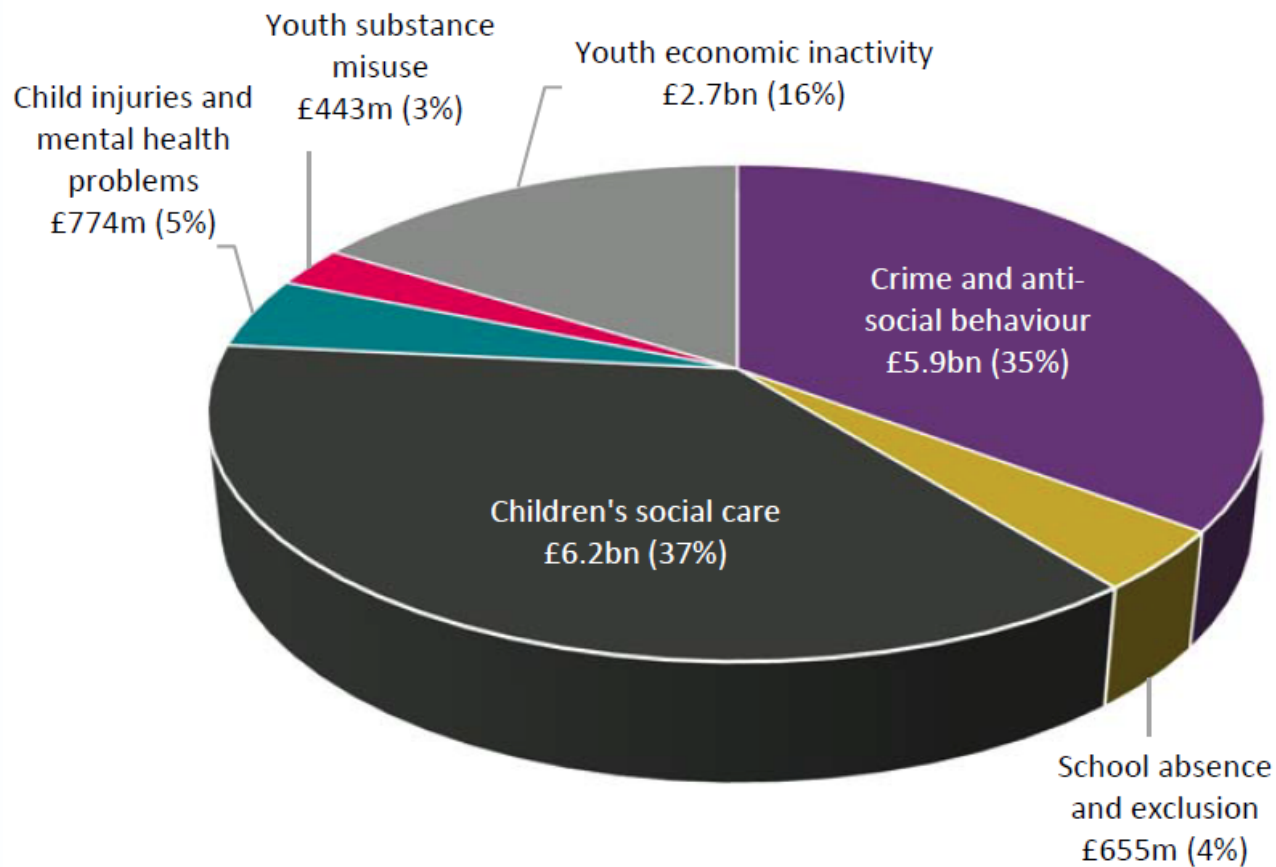
WHY EFFECTIVE EARLY INTERVENTION MATTERS FOR THE CHALLENGES WE FACE TODAY

The cost of late intervention: annual immediate fiscal cost for children and young people (E&W)



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Total annual spend: £16.6bn (2016-17 prices)





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Many difficulties emerge in childhood and early on

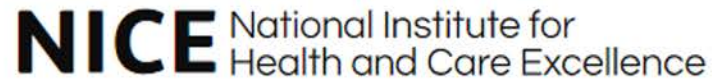
- Age **3**: Problem behaviour can be spotted
- Age **5**: child's vocabulary is a powerful predictor of GCSE achievement
- Age **7**: the risk of being involved in youth violence can be identified
- Age **14**: half of all lifetime cases of mental disorders start (and three-quarters by age 24).



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WHAT PROGRESS HAS BEEN MADE IN GENERATING EVIDENCE AND TURNING THAT EVIDENCE INTO ACTION?

Culture of empirical evidence



Investment & evaluation



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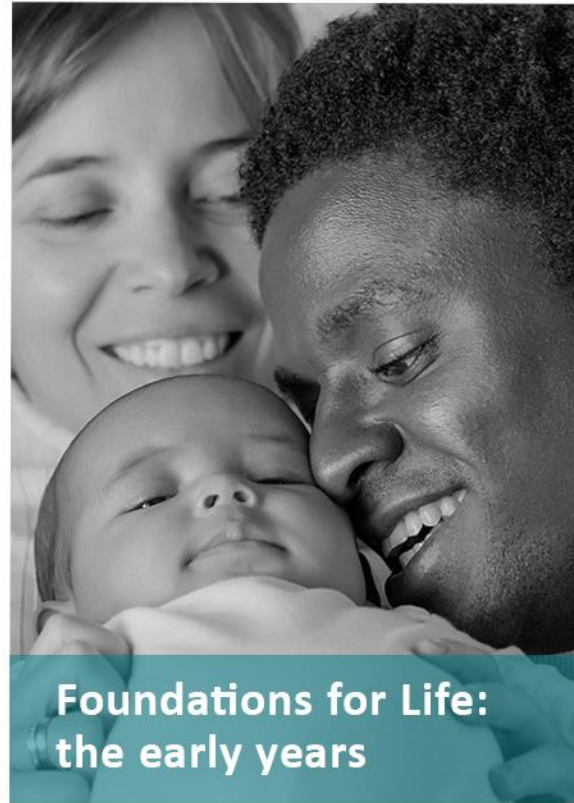
Generating new evidence



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**Interparental
relationships,
conflict and the
impacts of
poverty**



**Foundations for Life:
the early years**



**Social and emotional
learning**



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EIF

Guidebook

Help ▾

EIF evidence standards

About the Guidebook ▾

GUIDEBOOK

The EIF Guidebook provides information about early intervention programmes that have been evaluated and shown to improve outcomes for children and young people.

Through a rigorous assessment process, EIF has rated the strength of evidence for a programme's impact and its relative costs.

The Guidebook also provides a wealth of information about the specific outcomes a programme has been shown to improve, how the programme works, how it is delivered, and the conditions or resources that can make a programme more likely to be effective.

The Early Intervention Foundation is an independent charity that champions and supports the use of effective early intervention to improve the lives of children, young people and their families, reduce hardship and improve value for money in the long run. Visit our website for more information.

[EIF website](#)

Browse our entire
programme catalogue

[View all our programmes](#)

Search our programme catalogue
by keyword or programme name

[Search](#)

Filter programmes

Evidence rating

Child outcomes

Age groups



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GUIDEBOOK

Filter programmes

Evidence rating

2

3

4

No effect

Rating 2 includes 2+, 3 includes
3+, 4 includes 4+.

Cost rating

1

2

3

4

5

Provision

☐

Show only programmes that have
been implemented in the UK

Child outcomes

☐

Supporting children's mental health
and wellbeing

☐

Preventing child maltreatment

☐

Enhancing school achievement &
employment

☐

Preventing crime, violence and
antisocial behaviour

☐

Preventing substance abuse

☐

Preventing risky sexual behaviour &
teen pregnancy

☐

Preventing obesity and promoting
healthy physical development

Age groups

☐

Antenatal

☐

Perinatal

☐

Infants

☐

Toddlers

☐

Preschool

☐

Primary school

☐

Preadolescents

☐

Adolescents

Clear selections

Search

Example Programme

Example Programme is a targeted-selective programme for children between the ages of 8 and 12. It is designed to prevent antisocial behaviour and substance abuse in children from low-income families.

How strong is the evidence?

Evidence rating: 3+

Cost rating: 1

What does it cost?

Child outcomes:

Preventing substance abuse
Preventing crime, violence and antisocial behaviour

What can it achieve?

What does it do?

Is it in the UK already?

UK provision: Yes

Age group:

Preadolescents

Delivery model: Group

Who is it for?

Where does it all happen?

Setting:

Primary school
Secondary school
Community centre

Classification:

Targeted selective

Universal or targeted?

Disseminating the evidence on Foundations for Life (the early years)

- 403 local leaders, commissioners & others attended the Foundations for Life conference and 5 follow-up evidence seminars
- 2 out of every 3 English local authorities represented
- 80% said that attending an evidence seminar had **changed their understanding** of the evidence for parent-child interaction
- 70% **more confident** about using the evidence in their decision making at work (27% already confident, 3% neither)
- 89% intending to **seek out further evidence**, research or information on parent-child interaction programmes
- 79% intending to **seek out what other areas are doing** on parent-child interaction programmes





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WHAT IS COMING NEXT FOR EARLY INTERVENTION, AND FOR EIF?

Putting evidence into action

1. Doing more to get **existing evidence** used
2. Growing the **UK evidence-base**
3. Broadening the evidence on **practice and systems**



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**Osher, D. (2012) Implementation in busy kitchens and swampy lowlands.
Social Policy Report, 26(4), 23–24**



Getting evidence used requires

- **creating a demand** for evidence, supporting people to see the value of it
- ensuring that messages from evidence are **clear and easy to access**
- building the **capacity and resources** to implement the evidence

Growing the UK evidence-base

- Filling in the gaps
- Understanding context
- Charting a journey of improvement

Evidence on early intervention **practice**



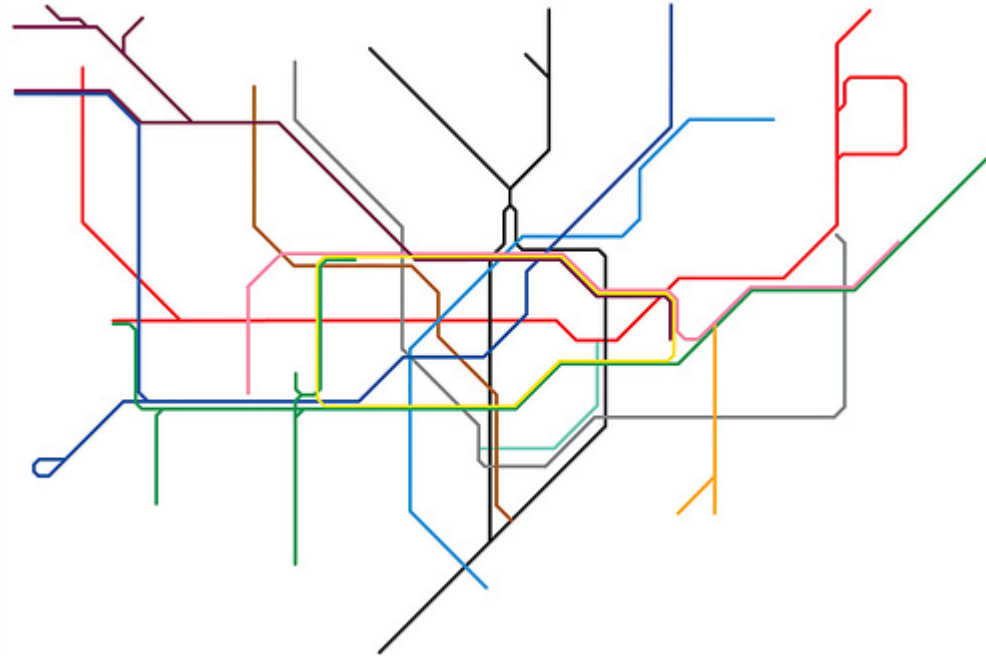
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Evidence on early intervention **systems**





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