

## **RPC Digital Intervention Survey**

This is a PDF version of the RPC Digital Intervention Survey addressed to local authorities. You will need to complete your submission in one sitting so please refer to this PDF to consider your answers to the questions before submitting the survey online. The deadline for the survey is 5pm on Friday 3rd July 2020. Only online submission via this link will be accepted:

<https://www.surveymonkey.co.uk/r/3C7QPGH>

EIF is reviewing how local authorities and intervention developers/providers are adapting their parental conflict support for families using virtual, digital or remote methods, as a result of COVID-19 and the lockdown.

This survey is addressed to local authorities and should be completed by the SPOC (Single Point of Contact) for the RPC Programme, or a colleague who has a good overview of the local authority's strategic plans for reducing parental conflict and improving outcomes for children. **Please only submit one entry only per local authority.** If you are working for an intervention developer/provider with a focus on supporting interparental relationships, please complete this [bespoke survey](#)

'Virtual and digital services' (V&D) is a deliberately broad term which includes, but is not limited to, digital services delivered via the Internet. EIF defines a virtual and digital service as one which can be delivered remotely without any in-person interaction between provider and participant. This includes using mediums such as telephones, video conferencing, apps, websites and self-directed activities or worksheets amongst others.

**Please note that this survey is distinct from DWP's evaluation of the RPC Programme, which is ongoing.** You may be invited to take part in a short survey about your involvement with the programme and engagement with the parental conflict agenda in the next few months. We'd encourage you to take part in both surveys, to help build the evidence base around this particularly critical issue.

We expect the survey to take around 10 minutes to complete.

### **Glossary of terms used in the survey**

Parental conflict: Destructive conflict that can range from intense quarrels to verbal or physical aggression, including conflicts that are about or involve the children, the 'silent' treatment, lack of respect and emotional control, and a lack of resolution. Domestic abuse is outside the scope of the RPC Programme and this survey.

Local area: This includes both your local authority and its key partners (e.g. the police, schools, and youth offending teams) unless the question specifically refers to your local authority.

RPC intervention: This includes any manualised intervention aimed at reducing parental conflict, improving the quality of the interparental relationship, and improving outcomes for children.

GDPR Statement:

*This data is being collected by the Early Intervention Foundation (EIF) for the purposes of understanding the sector response to COVID-19 and the lockdown. Personal data collected will not be shared with or provided to any other third party for marketing or any other purposes. We are, however, planning to use the non-personal data you provide for research purposes, and for wider sharing with DWP on the RPC Programme evaluation and local area support. An option to remain anonymous when completing this survey is available, however, all participants including those known to EIF, will be anonymised should EIF wish to share the findings of this survey externally. No individual or local authority will be identified from the survey, and the results will be aggregated and reported on a regional level.*

*If you would like to receive the EIF newsletter, event information or project updates, please [register via the EIF website](#). For more information, see: [EIF privacy policy](#).*

**1. Please click here to give informed consent to the collection of this data:**

- Yes
- No

*This survey contains some routing questions. Where this is applicable we have stated what question you will be routed to. If no direction mentioned please go to the next question.*

About your local authority and RPC provision

**2. What local authority do you work for? (Please note if you wish to remain anonymous you may leave this answer blank).**

- Free text

**3. What is your job title?**

- Free Text

**4. What involvement does your local area have in the national RPC programme? (Please select all that apply. For details on the national programme, see**

**<https://reducingparentalconflict.eif.org.uk/about-the-rpc-programme>)**

Closed Answer Options:

- We are part of the 4 Contract Package Areas helping to test the UK effectiveness of face-to-face interventions.
- We have received Strategic Leadership support to plan for reducing parental conflict.
- We will receive a Practitioner Training grant to provide local training for frontline practitioners.
- We have received/will receive training and guidance for the frontline practitioners, to improve identification and effective referral to, and the availability of relationship support across our local area.
- We are one of the Innovation Fund areas, testing support for families where parents misuse alcohol.
- We are one of the Challenge Fund areas, testing approaches to provide digital support to families.
- We are a Local Family Offer Ambassador, and we were involved in a previous intervention to support interparental relationships.
- We have received support from our Regional Integration Lead (RIL).
- We have participated in Communities of Practice events.
- We have completed the RPC Planning Tool.
- None
- Other (please specify): \_\_\_\_\_

## Impact of COVID-19

**5. What is your sense of how COVID-19 and the lockdown is impacting on families in your area?**

*For example, perhaps there have been food scarcity problems in your area, vulnerable families now live in more precarious situations, the number of children living in need may have increased, and the reports of domestic abuse too.*

- Free Text

**6. Since COVID-19 and the lockdown, to what extent do you think there has been an increase in parental conflict in your local area?**

Closed Answer Options:

- Not at all
- To a very little extent
- To some extent
- To a great extent
- To a very great extent
- Not sure

**7. Please could you elaborate on your responses to the previous question, where possible providing evidence to support your statements (please specify if the evidence comes from statistics or qualitative reports).**

*For example, perhaps there has been an increase in the number of children in care/referrals/parental conflict cases/domestic abuse cases.*

- Free Text

**8. Have referrals to interparental relationship support changed in your area since COVID-19 and the lockdown? (Please select all that apply).**

Closed Answer Options:

- No, referrals have not changed → (Q10)
- Not sure → (Q10)
- Yes, the number of referrals has increased → (Q9)
- Yes, the number of referrals has decreased → (Q9)
- Yes, the type of referrals has changed → (Q9)
- Other (please specify in the next question) → (Q9)

**9. Could you provide a brief description (150 words or less) of the way in which referrals have changed due to COVID-19 and the lockdown?**

*For example, referral numbers might have dropped initially and are now picking up, the number of self-referrals might have increased, and the type of family being referred to your services may have changed, perhaps with more high-need families being referred since the start of lockdown. Where possible, please also provide evidence to support your statements.*

- Free Text

Prior provision

**10. Prior to COVID-19 and the start of lockdown, which intervention(s) focusing on reducing parental conflict were being provided in your local area? (Please select all interventions that were available. If the name(s) of your intervention(s) are not listed below, please enter its name under 'Other').**

Closed Answer Options:

- Enhanced Triple P
- Triple P Family Transitions
- Family Check Up for Children
- Family Foundations
- The Incredible Years Advanced Programme
- Mentalization Based Therapy – Parenting Together
- Parents Plus – Parenting when Separated Programme
- Within My Reach
- 4Rs 2Ss Family Strengthening Programme
- Schoolchildren and their Families
- Parents as Partners
- You, Me, Baby Too
- Brief Encounters Relationship Support
- Getting it Right for Children When Parents Part
- Focus on Kids
- New Beginnings Programme for Divorced and Separating Families
- Adopting Together – Couple Therapy
- Couple Therapy for Depression (IAPT)
- FOCCUS
- Enhancing Parenting Skills (EPAS)
- Let's Stick Together
- Couples counselling/therapy focusing on parental conflict
- Couples mediation/therapy focusing on parental conflict
- None of the above
- Don't know
- Other (please list)

**11. Prior to COVID-19 and the start of lockdown, were there any remote (or 'Virtual and Digital') interparental relationship support interventions or services available in your local area? (e.g. support delivered via telephone, an app, a website, video calling, etc.)**

Closed Answer Options:

- Yes, interventions or services were predominantly available through digital methods (i.e. where the overwhelming majority of the sessions or activities were delivered remotely) → **(Q12)**
- Yes, some available interventions or services had some digital components and other face-to-face components → **(Q12)**
- No, none of the available interventions or services included a virtual or digital component. → **(Q13)**

**12. Could you provide a brief description (150 words or less) of the Virtual and Digital interparental relationship support interventions or services available in your local area prior to Covid-19 (e.g. target population, intended outcomes and means used to deliver each intervention)?**

- Free Text

## Adaptations to provision

**13. How has COVID-19 and the lockdown affected the normal way your local area delivers interparental relationship support interventions or services to parents, children and families?**

Closed Answer Options:

- We are continuing but with major adaptations to delivery → (Q14)
- We are continuing with some minor adaptations to delivery → (Q14)
- We are continuing with no adaptations to delivery (Business as Usual) → (Q15)
- We are stopping delivery for the foreseeable future → (Q15)

**14. Could you provide a brief description (150 words or less) of the adaptations your local area has used to deal with the impact of COVID-19 and the lockdown? If your local area is adapting more than one intervention, please specify each adaptation.**

*For example, have you moved to a remote method of delivery or altered content as a result of COVID-19? If so, how have you altered the content and what are you currently doing to maintain fidelity? How are you planning on changing delivery (if at all) now that lockdown is starting to ease?*

- Free Text → (Q16)

**15. Could you provide a brief description (150 words or less) of the reasons why your local area is not currently adapting existing content to allow remote or digital delivery?**

*For example, perhaps your interventions or services were already being delivered remotely.*

- Free Text → (Q18)

**16. Are you planning to assess the impact of your adapted interventions or services? If you are adapting more than one intervention/service, please select all that apply.**

Closed Answer Options:

- Yes, and we already have an evaluation plan → (Q17)
- Yes, but we have only just started developing an evaluation plan → (Q17)
- Yes, but we don't yet have a plan and would need support → (Q17)
- No, we are not intending to evaluate → (Q18)

**17. Could you provide a brief description (150 words or less) of your evaluation plan or your initial ideas?**

*For example, perhaps you will use online questionnaires or will administer surveys via telephone.*

- Free Text

**18. Are you currently signposting parents to any specific online support to reduce parental conflict and/or improve the quality of interparental relationships?**

Closed Answer Options:

- Yes → (Q19)
- No → (Q20)
- Not sure → (Q20)

**19. Please list and briefly describe the support parents are typically being signposted to, including any links, where relevant.**

- Free Text

**20. What additional support (if any) has your area made available, in response to COVID-19 and the lockdown, and as a consequence of moving from face-to-face delivery to online?**

*For example, perhaps you have set up a family support helpline.*

- Free Text

## Challenges & opportunities

- 21. What in your view have been the most challenging elements of responding to COVID-19 and the lockdown, both in terms of rapidly changing your RPC provision in response to it, and in terms of providing virtual or digital support to families? (250 words or less).**

*For example, you may have concerns about whether interventions are being delivered in the most effective way. The rapid adaptation might have also caused concerns amongst participants or practitioners, who feel they are lacking the expertise to support families remotely*

- Free Text

- 22. What in your view have been the most valuable insights you have gained from your experience in delivering interparental relationship support to families during the COVID-19 crisis?**

*For example, you might have observed that self-referral opt-in for RPC support could help avoid problems often associated with the existing referral processes, or you might have decided to incorporate or retain some components of virtual and digital methods currently being used in response to COVID-19.*

- Free Text

- 23. How, if anything, have COVID-19 and the lockdown impacted on your relationship support work with local partners/agencies (e.g., police, CAMHS, schools)?**

*For example, the COVID-19 crisis might have temporarily unblocked longstanding issues in relation to data sharing between public health, schools, children's centres and local authority early help services.*

- Free Text

- 24. We may wish to follow up with your local area further surrounding the answers given in this survey. If you are willing to be contacted by EIF at a later date, please leave a contact name and email below. Otherwise feel free to leave this answer blank.**

- Free Text